

# MLST Club Meet

## Sunday, June 13, 9:00am at Whitmore Pool

The purpose of this meet is to give our swimmers a Swim Meet experience and to get personal best times. This will be some swimmers first meet and it is hoped that it will be a lot of fun! It is here that you will see the rewards of working hard during practice and making every workout count. We encourage all swimmers to enter the maximum number of events allowed.

**Check in and Warm ups:** Warm up will be 7:45-8:30am for everyone. All athletes should arrive no later than 8am to warm up. Check in opens at 8:30am.

**Events** – Enter no more than four events (not including relays). Events listed as Open are open to any age swimmer. You may enter only one event per stroke, except for freestyle. (For example – you can enter either the 50 Backstroke or the 100 Backstroke but not both). To enter events check the appropriate event number and description. We are also including fun relays at the end of the meet. All swim team members who enter the meet will be entered in relays unless otherwise instructed.

**Entry forms must be received at Whitmore Pool by Monday, June 7!!**

Girls	Event	Boys	
_____ 1	11 and up	200 IM	2 _____
_____ 3	Open	100 IM	4 _____
_____ 5	8 and under	25 Free	6 _____
_____ 7	9 and up	100 Free	8 _____
_____ 9	8 and under	25 Back	10 _____
_____ 11	Open	50 Back	12 _____
_____ 13	9 and up	100 Back	14 _____
_____ 15	8 and under	25 Fly	16 _____
_____ 17	Open	50 Fly	18 _____
_____ 19	9 and up	100 Fly	20 _____
_____ 21	8 and under	25 Breast	22 _____
_____ 23	Open	50 Breast	24 _____
_____ 25	9 and up	100 Breast	26 _____
_____ 27	Open	50 Free	28 _____
_____ 29	Open	Mixed Relay	29 _____

Please let us know if your athlete does not want to participate in a relay. Otherwise, all athletes at the meet will be entered in a fun relay.

**Name** (include middle initial) \_\_\_\_\_

**Date of Birth** \_\_\_\_\_

**Cost:** \$5 per swimmer and \$2.75 per event (max 4 events) due with entry form.

**Forms must be received at Whitmore Pool by Monday, June 7!!**